























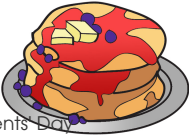
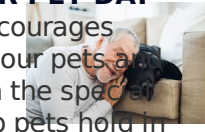




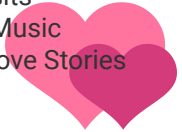



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>February</div> <div>HOME AREA ONE</div>				9:45 Group Exercise (RC) 1 10:00 Resident Council Meeting on HA1 10:00 Calendar Delivery 11:00 Rhythm with Robyn 1:30 Paraffin Wax (RC) 2:00 BINGO! 3:15 Virtual Visits	10:00 Active Game 2 10:30 Let's Get Crafty! 3:00 Decorating for Valentines Day! 	9:00 Group Exercise (P) 3  HAPPY BIRTHDAY ALEX!
1:30 Short Stories 4 2:00 Trivia 2:30 Find the Pair 3:15 Active Time	BIKE ROOM OPEN 9:15 - 10:15 (R) 5 10:00 Armchair Travel 10:30 Active Game 11:00 Friendly Visits 1:30 Group Exercise (R) 2:00 Let's Get Crafty! 2:30 1:1 Standing Balance	10:00 Armchair Travel 6 10:30 Active Game 11:00 Rhythm with Robyn 1:30 Short Stories 2:00 BINGO! 3:15 Virtual Visits	3:30 Virtual Visits 7 4:30 Friendly Visits 6:30 Resident Choice 7:00 Friendly Visits	10:00 Armchair Travel 8 10:30 Montessori Moments 11:00 Rhythm with Robyn 1:30 Hallway Strolls 2:00 Movie Matinee in LAR 3:15 Virtual Visits	2:45 1:1 Standing Balance 9 3:00 Seated Yoga	9:00 Group Exercise (P) 10 10:00 Let's Get Crafty! 11:00 Friendly Visits 1:45 Puzzles with Pam in LAR 3:15 Virtual Visits <div>YEAR OF THE DRAGON</div>
6:30 Superbowl Sunday Channel 8 or 26 ! 	12 BIKE ROOM OPEN 9:15 - 10:15 (R) 1:00 Daily Chronicles 1:30 Group Exercise (R) 2:30 1:1 Standing Balance (R) 4:00 Active Time	10:00 Anglican Church with Ken in LAR 13 11:00 Rhythm with Robyn 2:00 Mardi Gras Treat Cart 3:15 Virtual Visits  Mardi Gras	10:00 Painting w/Olivia in LAR 14 (Sign Up, Limited Spots) 2:00 Cupid's Valentines Social in LAR 3:30 Virtual Visits 6:30 Word Games 7:00 Friendly Visits  Valentines Day	10:00 Active Game 15 10:30 Montessori Moments 11:00 Rhythm with Robyn 1:30 Paraffin Wax (RC) 2:00 BINGO! 3:15 Virtual Visits	10:00 Active Game 16 10:30 Nail Salon 1:45 Big Bingo in LAR	9:00 Group Exercise (P) 17 1:45 Buddy Project  HAPPY BIRTHDAY RALF!
10:00 Church Service with Chaplain Tamar in LAR 18  1:45 Gentlemen's Club - Daytona 500	BIKE ROOM OPEN 9:15 - 10:15 (R) 19 8:00 Family Day Breakfast (SIGN UP, Limited Spots) 10:00 Friendly Visits 10:30 Let's Get Crafty! 1:30 Group Exercise (R) 2:00 Word Games 2:30 1:1 Standing Balance Family Day	10:00 Armchair Travel 20 10:30 Active Game 11:00 Rhythm with Robyn 1:30 Word Games 2:00 BINGO! 3:15 Virtual Visits	2:00 Birthday Celebration with John Pebbles in LAR 21 3:30 Virtual Visits 4:00 Active Game 6:30 Residents Choice 7:00 Friendly Visits	9:45 Group Exercise (RC) 22 10:00 Daily Chronicles 10:30 Let's Get Crafty! 11:00 Rhythm with Robyn 1:30 Paraffin Wax (RC)	10:00 Find the Pair 23 10:30 Flower Arranging 11:00 Active Time	9:00 Group Exercise with Krupa (P) 24 10:00 Friendly Visits 10:30 Hallway Strolls 11:00 Word Games 3:15 Virtual Visits
1:30 Active Game 25 2:00 Family Fued 2:30 Friendly Visits	BIKE ROOM OPEN 9:15 - 10:15 (R) 26 <i>Programs with Krishna</i> 10:00 Friendly Visits 10:30 Fancy Nails 11:00 Classical Music 1:30 Group Exercise (R) 2:30 1:1 Standing Balance (R)	10:00 Armchair Travel 27 10:30 Hallway Strolls 11:00 Rhythm with Robyn 1:30 Word Games 2:00 BINGO! 3:15 Virtual Visits	2:00 Roberta Lanes Bowling Alley in LAR 28 3:30 Virtual Visits 4:30 Take Down Valentines Day Decor 6:30 Residents Choice 7:00 Friendly Visits 	10:00 Matching Madness 29 10:30 Hallway Strolls 11:00 Rhythm with Robyn 1:30 Paraffin Wax (RC) 2:00 BINGO! 3:15 Virtual Visits	<div>Legend:</div> <div>Special Events are BOLDED</div> <div>LAR - Large Activity Room on First Floor</div> <div>HA - Home Area</div> <div>(R) - Restorative Programs with Ashiti</div> <div>(RC) - Restorative Programs with Chelsea</div> <div>(P) - Physio Programs with Krupa</div>	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>February 2024</div>				<div> Programs with Ryan 1 10:00 Residents Council on Home Area One 1:30 Bible Stories 2:00 Paraffin/Hand Massages 2:30 Reading Group 3:15 Active Game </div>	<div> 2 1:30 Daily Chronicles 2:00 Bingo! 3:15 Friendly Visits Groundhog Day </div>	<div> 3 11:15 One to One Ambulation and FP exercise with Ashiti 2:00 Group Class with Ashiti Bike Room open </div>
<div> 4 10:00 Valentines Day Decoration of Large Activity Room 11:00 Active Time </div>	<div> 5 1:00 Flower Arranging 2:00 Bingo! 2:45 Exercise with Restorative 3:15 Java Time 4:00 Sensory Therapy 6:30 Active Time 7:00 Relax with Music </div>	<div> 6 Programs with Ryan 3:15 Virtual Visits 4:00 Flower Arrangements 6:30 Valentine's Day decor </div>	<div> 7 10:00 Creative Time 10:30 Sing Along for National Singing Day 11:00 Active Time </div>	<div> 8 10:00 Word Games 10:30 Guess the Smell 11:00 Active Game 1:45 Movie Matinee in Large Activity Room </div>	<div> 9 10:30 Short Stories 11:00 Active Time 2:00 Bake Your Own Pizza for National Pizza Day in Large Activity Room </div>	<div> 10 programs with Ryan 1:45 Puzzles with Pam LAR 3:15 1:1 visits Chinese New Year (Year of the Dragon) </div>
<div> 11 Programs with Ryan Super Bowl Sunday! 6:30 channel 8,26 TV 1:30 Hymn sing 2:00 Reading Group 2:30 Flower Arrangements 3:15 Friendly Visits </div>	<div> 12 2:00 Bingo with Home Area 3 2:45 Exercise with Restorative 6:30 Active Time 7:00 Hand Massages </div>	<div> 13 10:00 Church Service with Ken 11:00 Active Time 1:45 Mardi Gras Cart Social - Margaritas! 3:15 Virtual Visits Mardi Gras </div>	<div> 14 10:00 Art Work Shop with Olivia (sign up required) 11:00 Active Time 1:45 Cupid Social in Large Activity Room LAR Happy Valentines Day Valentine's Day </div>	<div> 15 Programs with Ryan 10:30 Group Exercises with Chelsea 1:30 Bible Stories 2:00 Paraffin wax/Hand Massages 2:30 Easy Trivia 3:15 Friendly Visits </div>	<div> 16 10:00 Nails 10:30 Trivia 11:00 Active Time 1:45 Big Bingo in Large Activity Room </div>	<div> 17 11:15 One to One Ambulation and FP exercise with Ashiti 1:45 Buddy Project in Large Activity Room 2:00 Group Class with Ashiti Bike Room Open </div>
<div> 18 10:00 Church Service with Chaplain Tamar 1:45 Gentlemen Club - Daytona 500 3:15 Friendly Visits </div>	<div> 19 8:00 Family Day Breakfast Large Activity Room 11:00 Active Time 1:30 Daily Chronicles 1:45 Bingo! 2:45 Exercise with Restorative Presidents' Day </div>	<div> 20 Programs with Ryan 3:15 Virtual Visits 4:00 Flower Arrangements 6:30 Java Memory Club </div>	<div> 21 10:00 Flower Arranging 10:30 Virtual Reality 11:00 Active Time 2:00 Monthly Birthday Party with John Pebbles LAR </div>	<div> 22 10:00 Family Feud 10:30 Card Games 11:00 Active Time 1:30 Doll Therapy 2:00 Paraffin wax 2:30 Find the Pair 3:15 Sensory Therapy </div>	<div> 23 1:30 Baking for National Banana Bread Day 2:30 Bingo with Home Area 3 </div>	<div> 24 Fun Fact February 150 million year old dinosaur embryo was discovered </div>
<div> 25 Programs with Ryan 1:30 Hymn sing 2:00 Reading Group 2:30 Flower Arrangements 3:15 Friendly Visits </div>	<div> 26 2:00 Bingo with Home Area 2:45 Exercise with Restorative 6:30 Dance with Me 7:15 Evening Reading </div>	<div> 27 10:00 Nails 10:30 Creative Time 11:00 Active Time 1:30 Baking 3:15 Virtual Visits </div>	<div> 28 10:00 Short Stories 10:30 Trivia 11:00 Sing Along 2:00 Roberta Lanes - Bowling LAR </div>	<div> 29 Programs with Ryan 10:30 Group Exercises with Chelsea 1:30 Current Positive News 2:00 Paraffin/Hand Massages 2:30 Word game 3:15 1:1 Visits </div>	<div>Home Area 2</div>	

LAR= large activity room; Calendar is a subject to change; For more information contact Life Enrichment Department

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>  <h1>February 2024</h1>  </div>						
Bike Room open 9am downstairs 10:00 Valentine's Day Decorating in LAR Group Exercise with Ashiti at 2pm	9:30 Current Positive News 10:00 Easy Puzzles 10:30 Guess the Smell 11:00 Active Game 1:30 Baking Hour 2:30 Treat Cart	1:30 Bingo 2:30 Family Feud	9:45 Reading Group 10:30 Easy Trivia 11:00 Crazy 8 Card Game	9:00 Physio Group Exercise 10:00 Resident Council home area 1 10:30 Flower Arrangements 11:00 Price is Right 2:00 Paraffin Wax with Chelsea	9:45 Current Positive News 10:30 Easy Trivia 11:00 Active Game 1:30 Dancing With Ryan 2:00 Word Game 2:30 February fun facts 3:15 Virtual Reality Groundhog Day	10:00 Nails 10:30 Sing Along 11:00 Active Time Programs with Zorica 2:45 Fall Prevention Exercise with Ashiti
Super Bowl Sunday 9:45 Hymn Sing 10:30 Easy Trivia 11:00 Helping hands: Folding Super Bowl channel 8 or 26 at 6:30pm	Programs with Zorica 2:00 Bingo with Home Area 2 3:15 Gardening - Planting for Spring	Mardi Gras 1:45 Margarita Social Cart 2:30 Discuss and Recall: Mardi gars 3:15 Virtual reality simulator 4:00 Scrabble 6:30 Java Memory club Mardi Gras	9:45 Reading Group Love Stories 10:00 Art Work Shop with Olivia - Valentines Day theme 11:00 Crazy 8 Card Game 1:45 Cupid Social in LAR Valentine's Day	9:00 Physio Group Exercise 10:00 Craft Hour 11:00 Active Game 11:15 Group Exercise with Chelsea 2:00 Paraffin Wax	9:45 Current Positive News 10:30 Valentines Day Take Down 11:00 Crazy 8 Card Game 2:00 Bingo in Large Activity Room 3:15 1:1 Visits	9:45 Lunar New Year Fun Facts: Year of the Dragon 10:30 Board game 11:00 Dancing with Ryan Puzzles with Pam at 1:45 Chinese New Year (Year of the Dragon)
9:00 Bike room open d 10:00 Church Service with Tamar 1:45 Gentleman's Club Daytona 500 2:00 Group Exercise with Ashiti Programs with Zorica	Family Day 8:00-10:00 Breakfast Club LAR 1:30 Easy Puzzles 2:30 Reminiscing Presidents' Day	1:30 Active Game 2:00 Sing a long 2:30 Crazy 8 Card Games	Sticky bun day 9:45 Reading Group 10:30 Easy Trivia 11:00 Crazy 8 Card Game 2:00 Birthday Party with John Pebbles Music LAR 3:15 1:1 Visits	9:00 Physio Group Exercise 10:00 Craft Hour 11:00 Active Game 1:45 Bingo 2:00 Paraffin Wax 2:30 Helping Hands: Folding 3:15 1:1 Visits	Programs with Zorica 1:30 Baking for National Banana Bread Day (on Home Area 2) 2:30 Bingo with Home Area 2	Programs with Robyn 1:30 Rhythm with Robyn 2:00 Crafts 2:30 1:1 Visits
9:45 Hymn Sing 10:30 Flower Arrangements 11:00 Active Game	Programs with Zorica 2:00 Bingo with Home Area 2 3:15 Active Time	1:45 Bingo in Activity room 2:30 Discuss and Recall 3:15 Virtual Reality 4:00 Flower arrangements 6:30 Paint Night	9:45 Reading Group 10:30 Pieces Traits fun facts 11:00 Crazy 8 Card Game 2:00 Bowling LAR 3:15 1:1 Visits	9:00 Physio Group Exercise 10:00 Craft Hour 11:00 Word Game	<div> <h2>Home Area 3</h2>  </div>	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>FEBRUARY 2024</h1>				10:00 Resident Council On HA1 1:30 Delivery Of February Activity Calendars With Richard 2:00 Short Stories 2:00 Group Exercise 2:30 Paraffin Wax Treatment 4:00 Virtual Visits 7:00 Friendly Visits 	Programs With Zorica 2 10:00 Groundhog Day Short Reading 10:30 Trivia 11:00 Groundhog Games 	10:00 Friendly Visits 3 10:30 Valentines Day Decorations 1:30 BINGO 2:30 50'S Music 
10:00 Valentines Day Decor In LAR 4 11:00 Bible Stories/Hymns 1:30 Bowling 2:45 FP Class 3:15 Friendly Visits 	CLASSIC MOVIES ON CHANNEL 55 IN ACTIVITY ROOM OR LOUNGE! 5 	10:00 Short Stories 6 10:30 Floral Arrangements 11:00 Valentines Day Family Feud 1:30 Jewellery Making 2:00 Doll Therapy 2:30 Ball Toss	10:00 Short Stories 7 10:30 Painting 11:00 Balloon Badminton 3:15 Virtual Visits 	10:30 Amb+FP Exercise 8 1:45 Valentines Movie Matinee In LAR 2:00 Group Exercise 4:00 Virtual & Friendly Visits 7:00 Java Music Club 	10:30 Lets Get Crafty 9 11:00 Axe Throwing 2:00 Make Your Own Pizza 	Programs with Chelsea 10 1:45 Puzzles with Pam 3:15 Friendly Visits 
Programs with Chelsea 11 10:00 Valentine Card Making! 10:30 Board Games 11:00 Balloon Tennis 6:30 The Super Bowl! Channel 8 or 26	1:30 Valentines Fancy Nails 12 2:30 Wedding Dress What Am I/Reminiscing 3:15 Friendly Visits 	10:00 Anglican Church Service With Ken 13 11:00 Active Games 1:45 Margarita Treat Cart TODAY IS: MARDI GRAS Day!! 	10:00 Valentines Day Art Workshop With Olivia(Sign Up) 14 10:30 Valentines Short Stories 11:00 Valentines JINGO 1:45 Valentines Day Social In LAR 3:15 Virtual Visits 	10:00 Daily Chronicles 15 10:30 Balloon Badminton 1:30 Sensory Therapy 2:00 Group Exercise 2:30 Paraffin Wax Treatment 4:00 Virtual Visits& Friendly Visits	2:00 BINGO In LAR 16 	10:00 Baking -Cinnamon Rolls 17 10:30 Therapeutic Colouring 11:00 Take Down Decor 1:45 Buddy Project In LAR 
10:00 Church with Tamar LAR 18 2:45 FP Class 1:45 Gentleman's Club: On HA2 Daytona 500 	Programs with Chelsea 19 8:00 Family Day Breakfast (Sign Up) 11:00 Balloon Tennis 	Today is NATIONAL LOVE YOUR PET DAY 20 The day encourages pampering our pets and focusing on the special relationship pets hold in our lives. 	10:00 Fancy Nails 21 11:00 Chicken Soup Stories 1:45 Birthday Party With John Pebbles In LAR 	10:30 Amb+FB Exercise 22 2:00 Group Exercise 2:30 Paraffin Wax Treatment 3:00 Balloon Badminton 4:00 Virtual Visits 6:30 Evening Comedy-Just For Laughs 	10:00 Baking- Banana Bread 23 11:00 Classical Music 1:30 Active Games 3:15 Friendly Visits National Banana Bread Making Day	Programs with Chelsea 24 11:00 Balloon Tennis 3:00 Friendly Visits with Ruby! 
Programs with Robyn 25 10:00 Let's Get Crafty! 10:30 Active Game 11:00 Friendly Visits	1:45 Ice-Cream Social Party 26 2:30 Groovy Music 3:15 Friendly Visits 	10:00 Short Stories 27 10:30 Doll Therapy 11:00 Calming Music 1:30 Manicures 2:30 Board Games	10:00 Daily Chronicles 28 10:30 Let's Get Crafty 1:45 Bowling Alley In LAR 3:15 Virtual Visits 	10:30 Amb+FB Exercise 29 2:00 Group Exercise 2:30 Paraffin Wax Treatment 3:00 Flower Arrangements 4:00 Virtual Visits 6:30 Relaxing Music 7:00 Evening Love Stories 	 <h2>HOME AREA 4</h2>	

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

FEBRUARY

-HOME AREA FIVE-

Restorative Thursdays:

11:15 Group Exercise
2:30 Balloon Badminton
2:45 FP Exercise (Res.)
3:00 Paraffin Wax Treatment
3:00 Therapeutic Colouring
6:30 Friendly Visits

Programs with LEA Robyn

9:15 Bike Room Open (Res)
10:30 Ambulation (Res)
1:30 Group Class (Res)
1:30 Rhythm with Robyn
2:00 Active Games
2:45 Fall Prevention (Res)

TODAY IS: GROUNDHOG DAY!

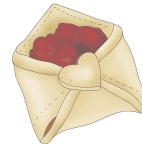
Programs with LEA Krishna

11:00 Friendly Visits
1:30 BINGO on HA4
3:15 Singalong



**10:00 Valentine's Day
Decorating in LAR**
2:00 Bible Stories
2:30 Hymn Singing

**10:00 February Calendar
Delivery with Wally!**
10:30 Balloon Badminton
11:00 Nail Salon
11:30 1-to-1 visits



9:00 Group Exercise (Physio)
10:30 Let's Bake!
11:00 Music with friends
2:00 Bird Watching
3:00 Creative Corner
4:00 Board Games

10:00 Active Game
10:30 Therapeutic Colouring
11:00 Virtual Reality Moments
11:30 1-to-1 Visits



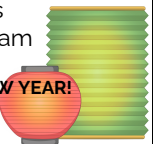
Program With LEA Krishna
1:45 Movie Matinee in LAR
2:45 FP Exercise (Res.)
6:30 Short Stories



Programs with LEA Krishna
9:15 Bike Room Open (Res)
10:00 Fancy Nails
10:30 Ambulation (Res.)
1:30 Group Class (Res.)
2:00 Make Your Own Pizza
2:45 Fall Prevention (Res)

10:00 Daily Chronicles
10:30 Craft Corner- Make your
own Chinese Lanterns!
11:30 Friendly Visits
1:45 Puzzles with Pam

TODAY IS: CHINESE NEW YEAR!



2:00 Valentine Card Crafting
2:30 Board Games
3:00 Balloon Tennis
6:30 The Super Bowl!
Channel 8 or 26

TODAY IS: SUPER BOWL SUNDAY!



Programs with LEA Krishna
10:00 Valentine's Love Stories
10:30 Painting
11:00 Calming Piano Music

9:00 Group Exercise (Physio)
10:00 Church with Ken in LAR
2:00 Mardi Gras Treat Cart
4:00 Active Game
4:30 Friendly Visits

TODAY IS: MARDI GRAS!



**10:00 Art Workshop with
Olivia (sign up only)**
11:00 Friendly Visits
11:30 Balloon Badminton
2:00 Valentine Social in LAR

TODAY IS: VALENTINE'S DAY!



Restorative Thursdays:
9:45 Group Exercise
11:00 Montessori Moments
2:00 Groove to 50'S Music
2:45 FP Exercise (Res.)
3:00 Paraffin Wax Treatment

9:15 Bike Room Open (Res)
10:00 Let's Bake!
10:30 Therapeutic Colouring
11:00 Library Cart
11:30 1-to-1 visits
1:30 Group Class (Res.)
1:45 Big BINGO! (LAR)



Programs with LEA Krishna
1:45 Buddy Project in LAR
3:15 Friendly Visits



10:00 Church with Tamar LAR
1:45 Gentleman's Club:
Daytona 500



**8:00 Breakfast Club in LAR
(sign up only)**
1:45 Balloon Tennis
2:15 Therapeutic Colouring

TODAY IS: FAMILY DAY!



9:00 Group Exercise (Physio)
10:30 Let's Build
11:00 Active Game
2:30 Friendly Visits
3:00 Creative Corner
4:00 Evening Puzzles

10:00 Daily Chronicles
10:30 Parachute Games
11:00 Virtual Reality Moments
11:30 1-to-1 Visits
**2:00 Birthday Party with
Entertainer John in LAR**

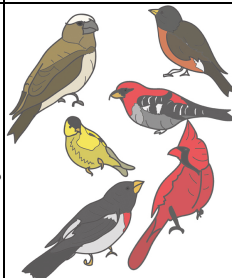
Restorative Thursdays:
11:15 Group Exercise
1:30 Friendly Visits
2:00 Painting
2:45 FP Exercise (Res.)
3:00 Paraffin Wax Treatment

Programs with LEA Krishna
9:15-10:15 Bike Room Open
10:30 Ambulation (Res.)
1:30 Group Class (Res.)
2:00 Doll Therapy
2:30 Singalong
2:45 Fall Prevention (Res)

10:00 Reading Group
10:30 Golf Putting
2:30 Friendly Visits with Ruby!



10:00 Sensory Morning
10:30 Creative Corner
2:00 Hymn Sing with Claire!



**February
is Bird
Watching
Month!**

9:00 Group Exercise (Physio)
1:30 Let's Bake!
2:00 Afternoon Stretch
3:00 BINGO!
6:30 Bird Watching
7:00 Friendly Visits



10:00 Morning Puzzles
10:30 Horse Racing
11:30 1-to-1 Visits
**2:00 Bowling at Roberta
Lanes in LAR**

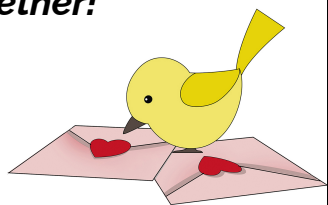


Restorative Thursdays:
9:45 Group Exercise
1:30 Friendly Visits
2:00 Active Time
2:30 Sensory Therapy
2:45 FP Exercise (Res.)
3:00 Paraffin Wax Treatment

**We can't wait for another amazing
month together!**

GOOD TO KNOW:

Physio- Physiotherapy with Krupa
Res- Restorative with Ashiti
LAR- Large Activity Room
HA- Home Area



ROBERTA PLACE LTC.

ACTIVITIES SUBJECT TO CHANGE. PLEASE REFER TO THE DAILY SHEETS.